



Dear Family Camper,

We are excited to welcome you to Camp Galilee for a time of renewal and fun in community. The following document will include details about what to expect and what is required regarding pre-arrival, check-in, lodging, activities, and meals. Camp Galilee continues to make the health and safety of our guests, staff, and community our top priority.

**Before you Arrive:**

Health and Safety

Guests should self-monitor for symptoms of COVID-19 prior to arrival at camp. This includes:

- fever of 100.4 °F or greater
- new cough
- shortness of breath
- fatigue
- muscle aches
- nausea
- new loss of taste or smell
- sore throat
- vomiting
- chills
- diarrhea
- congestion.

We ask that you please do not come to camp if any of the following apply:

- You have experienced any of the above symptoms of COVID-19 in the last 14 days.
- You have been in close contact with a person who has been diagnosed with, tested for, or quarantined due to COVID-19.
- If you have done any international travel 14 days prior to your arrival, please call Camp Galilee for further discussion.

While at camp, any individual who experiences any of the symptoms listed above will be required to return home immediately. We recommend that individual to contact their health care professional immediately.

We also ask that campers who are at higher risk of serious illness due to COVID-19 give special consideration to attending Family Camp. The list of those at higher risk of serious illness includes people who are 65 years or older or have chronic lung disease, serious heart conditions, severe obesity, diabetes, chronic kidney disease, liver disease or are immunocompromised.

All participants should be aware that, in the event of someone getting a positive COVID-19 test result after attending camp, it is possible the health department would want Camp Galilee to share a list of attendees for contact tracing.

### Suggested Packing List

#### **The usual stuff:**

- ☒ Warm Jacket - You will be spending a lot of time outside. You'll want to be comfortable.
- ☒ Warm ski hat or beanie - You will be spending a lot of time outside. You'll want to be comfortable.
- ☒ Sun hat or baseball cap - You will be spending a lot of time outside. You'll want to be comfortable.
- ☒ Jeans, or other long pants
- ☒ Shorts
- ☒ Shirts or T-shirts
- ☒ Socks and underwear
- ☒ Sweatshirt or fleece
- ☒ Sunglasses
- ☒ Swimsuit
- ☒ Sunscreen (not spray-on) and lip balm
- ☒ Closed-toed shoes, good for hiking
- ☒ Secure sandals or water shoes
- ☒ Soap, shampoo, toothbrush, toothpaste
- ☒ Other personal toiletries
- ☒ Durable reusable water bottle
- ☒ Flashlight with extra batteries

#### **Not the usual stuff:**

- ☒ Mask
- ☒ Pillow and bedding - For health reasons, Galilee will not be providing pillows and bedding. Please bring your own.
- ☒ Towel - For health reasons, Galilee will not be providing towels. Please bring your own.
- ☒ Contact information of your regular health care professional
- ☒ Camp chairs - For social distancing during the weekend.

#### **Optional**

- ☒ Book to read
- ☒ Musical Instrument
- ☒ Games
- ☒ Puzzles
- ☒ Other outdoor activity supplies
- ☒ Kayak/Paddleboard/Canoe
- ☒ Life Jacket – We will provide them but bring your own if you like.
- ☒ Kayak Paddle - We will provide but bring your own if you like.

## **Family Camp Guidelines:**

**Check in Time:** 3 p.m. – 5 p.m. (Please make prior arrangements by calling 775 749-5546 or emailing info@galileetahoe.org if you need to arrive after 5:00 pm.)

**Check out Time:** 3 p.m.

### **Upon Arrival:**

A staff member will greet you as you begin to descend the driveway.

You will give them your name and they will confirm with you which cabin you are in and let you know where you may park.

You will find a welcome packet inside your cabin that will explain check-in procedures.

### **What to Expect:**

Individuals who are staying together in the same living space are called *households*.

**Please be sure to maintain at least six feet of distance between any member of your household and any member of another household.**

**With the changing state protocols, please bring masks for every member of your family. We will all be using them at certain times where we convene outside as a community.**

**Because singing increases the range and amount of water drop-lets we are asking that households remain 15 feet apart at campfires and chapel.**

**Please do not share indoor spaces with a member of any other household.** Only members of your household should be in your living space.

### Meals

We will still be serving the delicious and nutritious meals you've come to expect at Galilee, however, there will be a difference in how we serve them.

Breakfast will be available for pick-up every morning. Feel free to enjoy your breakfast anywhere you like; you may take it back to your cabin if it is too chilly or stay at your household's assigned table. Breakfasts will be ample but simple: Baked good or yogurt parfait, hardboiled eggs and fruit. Please bring additional snacks to supplement if you're concerned about having enough of a variety.

We know that families will be interested in making the most of their weekend. For that reason, we will provide picnic **lunches** for all families. Households will have a designated picnic basket and at noon these baskets will be brought out to that household's designated table outside the dining hall. Households can pick them up and take them wherever they choose, off-site, the beach, or even just stay at your table outside the dining hall.

All **dinners** will be served at tables outside of the dining hall. Each household will have a designated table. We've even created a second outside dining area to ensure that there will be proper social

distancing between households. Enjoy the warm evenings and spectacular views while enjoying a delectable dinner from the Galilee kitchen.

The Galilee kitchen will not be able to be as flexible in accommodating dietary needs not mentioned on registration forms. Please be sure to let us know of all special dietary needs and if you have picky eaters in your family, consider bringing some non-refrigerated backup items for them. We will do our best to help in any way we can. The toast bar will not be available, as usual.

Moderate use of beer and wine is acceptable. Please use discretion while you are here.

### Activities

**Program:** The Galilee staff will be providing some programming during the weekend. For activities requiring a table (i.e. arts and crafts), each household will have a designated table in the program area. Other programming will take place in areas large enough to accommodate social distancing between households.

**Campfire and chapel:** We will still sing around the campfire and at chapel, but because of the added risk of COVID transmission we will ask that households space themselves **15 feet apart**.

**Kayaking:** We believe we have enough kayaks to designate kayaks for each household, but please be flexible if this is not the case. You are encouraged to bring your own kayak, paddleboard or other non-motorized watercraft. We will make arrangements to ensure that all members of each household have kayaking opportunities. Likewise, we will do our best to provide each individual with their own life jacket for the weekend. You are encouraged to bring your own life jackets and paddles, if you own them.

**Water Trampoline:** Only one household at a time will be allowed to use the water trampoline. All households will exercise their own discretion about using the water trampoline.

Guests will not be restricted to staying at Camp Galilee. They may come and go as they wish.

### **In This Unprecedented Time...**

All of us will share a responsibility to make Galilee just as welcoming, enjoyable and safe as it has always been. In the spirit of our community, we will ask all participants to read and comply with these guidelines. At camp your household will be asked to read and sign a Guest Covenant.

In addition, we will ask that all guests complete an on-line form stating that each family member is free from the symptoms listed within 24 hours of their arrival.

Your safety and well-being are our priority. Please feel free to contact us any time before your arrival with additional questions.

Sincerely,  
Galilee Staff